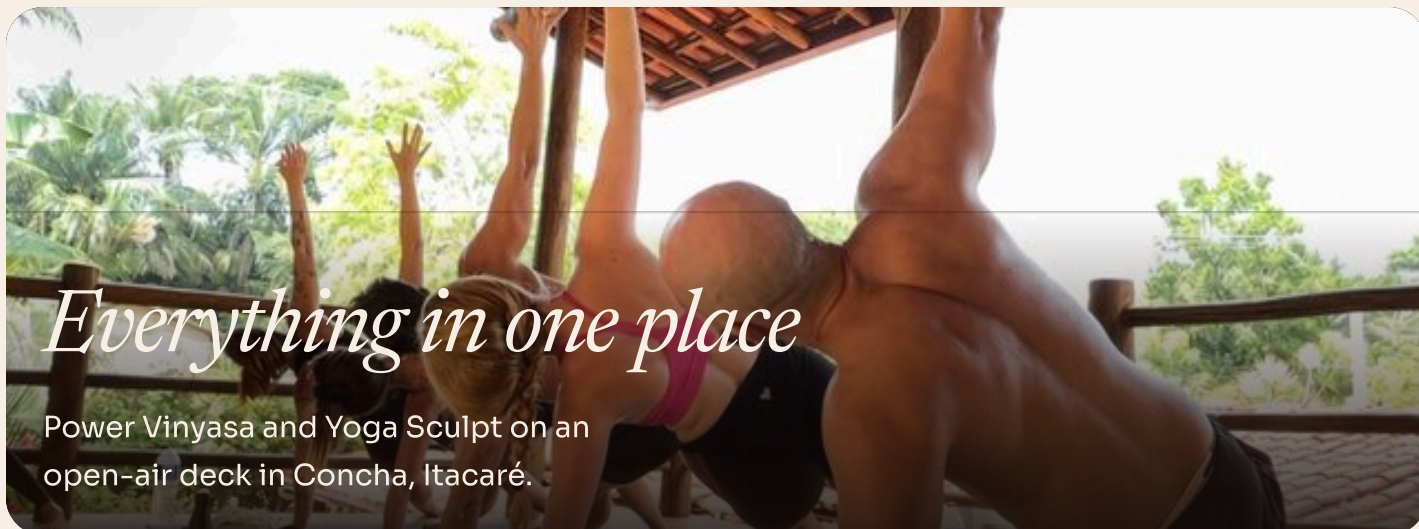




CLASSES AND HOURS

Power Vinyasa

MON · WED · FRI · SAT 8:00–9:00

Yoga Sculpt

TUE · THU 9:30–10:30

Sunday: no classes

PRICES

R\$70

single class

R\$220

Visitor Pack · 4 classes · use within 14 days

from R\$160

monthly, living here · from about R\$25 a class

WHERE

Rua Bromélia, 11

Pousada Tikuna · Bairro Concha

A few minutes uphill from Praia da Concha.

[Open in Maps](#)

✓ HOW TO BOOK

1. Reserve a spot online
2. Pay at the deck
3. Can't come? Cancel online

Reserve a spot

WhatsApp



English or
Portuguese



Up to 8 people



Card or cash



Mats, blocks and
weights
provided